

## Frequently asked questions

**Q: Is participation in family support services mandatory?**

**A:** Participation is strongly recommended. Studies have shown that the more the family is involved in the treatment process, the more positive the outcome for the adolescent and family.

**Q: Is there a fee for any family services?**

**A:** No, there is no additional cost for any of the services. We do, however, ask for a nominal donation to cover the cost of food during family education weekend.

**Q: Who should attend/participate in family services?**

**A:** Family support services are provided for all family members including aunts, uncles and grandparents if they are a strong support to the patient. We discourage participation of small children during the family education weekend. Participation is limited to individuals on the approved visitors log.

**Q: How do I prevent my loved one from relapsing?**

**A:** Rosecrance will guide you through the process of understanding your role in supporting your loved one's recovery through the services we provide.

### Program location

Griffin Williamson Campus  
1601 University Drive  
Rockford, IL 61107

To learn more about  
Rosecrance and view  
our facilities, visit  
[www.rosecrance.org](http://www.rosecrance.org)

For more information, call  
**815.391.1000** or  
**888.9 AT LAST**

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## Adolescent Family Support Services

Rosecrance can help your family cope  
with your loved one's addiction

Griffin Williamson Campus

life's waiting

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 **rosecrance**  
life's waiting

# Family Support Services

## Families need and deserve help

Rosecrance Family Support Services help members of the family learn about the disease of addiction in a comprehensive manner. Everyone has been affected and everyone can benefit by participating in the various services offered.

Our family programs are designed to provide you with answers to your questions—not only how to cope with your loved one’s addiction, but also ways to cope with how the experience has affected you.

## Family program for adolescent services

### Family Support Groups

These on-going support groups provide a wealth of insight into the fact that families are not alone in their desire to recover from the disease of addiction. This insight is gained by being with families who are going through similar experiences. Families come together to learn from each other. Family support groups are held one hour before visits.

#### Schedule by treatment group:

##### Ravens, Eagles, Angels

Wednesdays 6:30 p.m. - 7:30 p.m.

Saturdays 1:00 p.m. - 2:00 p.m.

##### Titans, Cardinals, Cherubs

Thursdays 6:30 p.m. - 7:30 p.m.

Sundays 1:00 p.m. - 2:00 p.m.

### Family Visits

Regular visiting hours are offered throughout the week.

#### Family visit schedule by treatment group:

##### Ravens, Eagles, Angels

Wednesdays 7:30 p.m. - 8:30 p.m.

Saturdays 2:00 p.m. - 4:00 p.m.

##### Titans, Cardinals, Cherubs

Thursdays 7:30 p.m. - 8:30 p.m.

Sundays 2:00 p.m. - 4:00 p.m.

### Individual Family Sessions

Patients and family members come together weekly with their addictions counselor to set goals and to address issues pertaining to this chronic disease. Family sessions are scheduled on an individual basis.

### Family Education Weekend

This program provides comprehensive education regarding the disease of addiction, an overview of treatment and how to begin and support the recovery process.

#### Weekend schedule:

Friday 2:00 p.m. - 5:00 p.m.

Saturday 8:30 a.m. - 5:00 p.m.

Sunday 8:30 a.m. - noon

### Family Relapse Prevention Plan

This plan is developed and completed during family sessions—from the beginning of treatment through discharge. The prevention plan is a more inclusive way of helping families prepare to support and

maintain not only the addict’s recovery, but the family’s recovery, too.

### Therapeutic Leave of Absence (TLOA)

Upon family members’ successful completion of the Family Education Weekend and the patient’s earning sponsor level in his/her treatment group, patients and their families may participate in a TLOA. This is a three to six hour block of time together off campus.

### Next Step Program

Next Step Program is held every other week and is available to parents who have completed the Family Education Weekend. It is designed to provide further instruction for parents to help direct them during the first few months of their child’s and family’s recovery after discharge from treatment.

### Discharge Planning

This service is offered to our patients and families to help link them to social, educational and recovery services after discharge.

### Recovery Lifeline Program

Available to Rosecrance alumni and family members, this telephonic continuing care service provides support when needed. The Recovery Lifeline counselor maintains purposeful contact with positively discharged patients for the first six months after treatment. The Lifeline phone number is available for alumni and parents to call 24/7.